Small Home Decluttering Checklist

A realistic, room-by-room reset for UK homes and flats. Work through one area at a time - no expensive storage products required.

Before you start
Set aside 15-20 minutes. Keep four bags or boxes nearby: Keep, Donate, Recycle and Bin. Check local council guidance for recycling and bulky waste.

01 Hallway & entrance

- ☐ Clear shoes that are rarely worn or no longer fit.
- ☐ Sort coats, bags, umbrellas and reusable shopping bags.
- ☐ Give keys, post and everyday essentials one consistent home.
- ☐ Keep the floor and route to the door clear.

02 Kitchen

- ☐ Check food dates and use up suitable open packets.
- ☐ Remove duplicate utensils, mugs and unused gadgets.
- ☐ Group similar items together in cupboards and drawers.
- ☐ Clear worktops of items that can be stored elsewhere.

03 Living room

- ☐ Sort magazines, paperwork, cables and remote controls.
- ☐ Remove decorative items you no longer enjoy.
- ☐ Return objects that belong in another room.
- ☐ Leave one easy-to-maintain surface clear.

04 Bedroom & wardrobe

- ☐ Set aside clothes that do not fit or are not worn.
- ☐ Match shoes and assess damaged or uncomfortable pairs.
- ☐ Clear bedside surfaces and the space beneath the bed.
- ☐ Put seasonal items together and label stored boxes.

KEEP THE MOMENTUM

Finish your small-home reset

Use this second page to tackle the remaining spaces and turn your clear-out into a manageable habit.

05 Bathroom & utility

- ☐ Dispose of expired toiletries and empty packaging appropriately.
- ☐ Combine spare supplies and remove unnecessary duplicates.
- ☐ Keep cleaning products securely stored and away from children.
- ☐ Clear the area around the sink and washing machine.

06 Storage spaces & paperwork

- ☐ Empty one shelf or cupboard at a time - not the whole room.
- ☐ Sort manuals, receipts and paperwork; shred sensitive documents.
- ☐ Label what you keep so it is easy to find again.
- ☐ Move donations and recycling out promptly.

Your 20-minute reset plan

5 min	10 min	5 min
Pick one small zone	Sort and put away	Remove rubbish and donations

My next three small jobs

1. _____
2. _____
3. _____

Where will unwanted items go?

Donation / reuse: _____ Recycling / disposal: _____

Remember: Decluttering is about making your home easier to use, not owning as little as possible. Keep what you use, need and genuinely enjoy.

More practical guides and free tools: nookcroft.co.uk